

Castleside Primary School

Primary PE and Sports Premium Action Plan

2018-19

Department for Education Vision for the Primary PE and Sport Premium

ALL pupils leaving primary school should be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport to encourage the development of healthy, active lifestyles.

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sport and activities offered to all pupils.
5. Increased participation in competitive sport.

In 2018-19, Castleside Primary School will receive a PE and Sports Premium Grant of £17150. The Action Plan below demonstrates how we aim to spend this year's allocation in relation to the DfE's Primary PE and Sport Premium Key Indicators.

What do we want to achieve?	How will we achieve it?	How much will we spend?	Notes on the impact of our actions so far.
<p>To engage all pupils in regular physical activity – in line with Chief Medical Officer’s guidelines recommending that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minute should be in school.</p>	<p>By continuing to offer pupils the opportunity to participate in intra school competitions to improve the quality and quantity of physical activity opportunities.</p> <p>Intra-school events will be organised for Spring and Summer 2019. Subscribe to Maths of the Day, an active learning resource, to use during curriculum lessons to enhance the opportunities for regular physical activities Provide weekly swimming sessions to KS 2 children.</p> <p>Provide opportunities for daily active minutes through HIIT sessions and additional activities.</p>	<p>Coaches will deliver training supported by staff as part of the SLA from County Durham Sport.</p> <p>Staff will continue to plan, organise and lead intra school events organised within the area and through additional outside organisations. SLA Cost = £3300 Bolt On £1650</p> <p>Maths of the Day £495</p> <p>Additional Fitness Programme £1500</p>	<p>Aim Achieved</p> <p>Coaching has taken place on a weekly basis throughout the year. Children have developed core skills.</p> <p>Teachers have been upskilled in a variety of sports and are more confident and knowledgeable.</p> <p>Daily active sessions have taken place both inside and outside. Super Movers, Joe Wickes, Daily run have all added to the school day.</p> <p>Maths of the Day resources have been catalogued and have been used to enhance lessons.</p>

<p>Raising the profile of PE and sport across the school and using this as a tool for whole school improvement.</p>	<p>Prefects lead playground activities. Playground leaders training for 36 Y4 and Y5 children. These opportunities will enable the children to develop their confidence and organisational skills, as well as helping to foster greater relationships with younger children in the school. Continue to develop the use of a daily running session for all</p>	<p>Delivered as part of Bolt On Programme</p>	<p>Children trained and help with playground activities at break times. This has supported the development of games across school.</p> <p>Sports coach has engaged children at the beginning of the day. This has proved to be a popular session and all children attending breakfast club have participated. This is a free 30min session. Children are more alert and ready to learn at the beginning of the day.</p>
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	<p>children.</p> <p>Breakfast Club Sports Coach will deliver 3x weekly sessions to engage children in physical activities before school begins. Football After School Club held weekly. Provide an additional weekly swimming session.</p>	<p>Breakfast Club Coach £1750</p> <p>After School Football Club Coaching £1414</p> <p>£2795</p>	<p>Free football coaching has been provided weekly and average uptake has been 25.</p> <p>Swimming statistics.</p> <p>2019 Swimming data demonstrated that 79% Of Year 6 pupils could confidently swimming 25m 100% of Year 6 pupils could use a range of strokes 84% of Year 6 pupils were able to perform a self rescue</p>
<p>Increase the confidence, knowledge and skills of all staff in teaching PE and sport.</p>	<p>By continuing to upskill all staff in PE with quality-assured coaching delivered by coaches who have engaged staff in team-teaching with the opportunity for developing sustainable units of teaching for forthcoming years. All staff will receive CPD related to their year group delivered by County Durham Sport staff this academic year. Funding directed</p>	<p>Leisureworks SLA £3300 Bolt on SLA £1650</p> <p>Supply cover for network meetings £270</p>	<p>CPD booked for all staff across the year. Programme set up for the year and delivered by County Durham Sport coaches.</p>

	to where it is most needed, offering staff the opportunity to be upskilled in areas of their choice so that they can deliver a sustainable curriculum in future years. PE Leader to attend PE Network Meetings.		Network meetings attended and staff kept up to date with any developments. Leader has delivered training and developed resource bank for staff.
To provide a broader experience of a range of sports and activities to all pupils and to offer increased participation in competitive sport.	Continue to offer all pupils a broad programme of curricular and extracurricular activities organised by Leisureworks. Organise and deliver a sports-	As part of the SLA we will continue to participate in a broad programme of festivals, leagues and competitions. Transport to festivals £475 Affiliation fees £100	Registered for Football, Cross country and Netball competitions. School Football team won their heat and qualified for the final of the Ted Young 5-a-side competition. They subsequently won. They performed well in their league too, winning 8 out of 16 matches.

	<p>themed week for the whole school to give increased opportunities for participation, inclusivity and variety where children learn about how to live healthily and understand the physical and mental benefits of exercise.</p> <p>Take part in Walking Schools Programme – Awards Bronze/Silver/Gold</p> <p>Provide a wide variety of experiences to all children throughout the year.</p> <p>Purchase new sporting kits and equipment.</p>	<p>Dance coaching £300</p> <p>Sports Week activities for the whole school. Cost £1200</p> <p>Undertake activities to qualify for Walking School’s Award £550</p> <p>Run After School Bootcamp for Parents and Children. £875</p> <p>Provide lunchtime Football Coaching sessions £132</p> <p>£800</p>	<p>Dance workshops Jan 19. Performed Curtain Opener at Hexham theatre after workshops in school.</p> <p>Spring 19 Walking Schools Award initiated. This programme will be continued in to next year if possible.</p> <p>New kit purchased for football and cross country.</p>
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